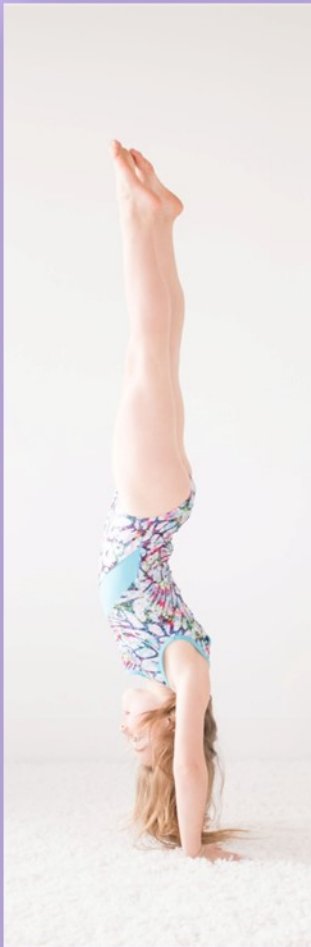


Wings Gymnastics

VIRTUAL CLASSES: SKILLS & DRILLS *For Campus School!*



Let's get strong, let's get flexible, and let's get **MOVING!** Join Wings Gymnastics' Skills & Drills classes for any athlete! Sessions focus on flexibility, strength, balance and basic gymnastics skills on Floor, Balance Beam, Vault & Bar Drills with fun stretches & challenges. Choose your class according to your age & level. 45 min. sessions, 1 or 2 day(s)/week, with a FULL or ½ semester option! **Students need:** a clear space (approx. 10'x10'), a yoga or work-out mat (or outside, in the grass) and an adult near-by. Classes provide LIVE instruction through the ZOOM format. Meeting ID and password will be provided via email before your session begins.

GYMNASTICS FUNDAMENTALS

Mon/Wed . . . 3:30-4:15 pm, CT

SK-2nd -The perfect class for gymnasts just moving up from
Gymnastics FUN (our PK-SK class) or first timers!

INTERMEDIATE GYMNASTICS

Mon/Wed . . . 4:30-5:15 pm, CT

2nd-5th for 2nd year & up-gymnasts take their fundamentals to the next level.

Sessions & Fees

Session 1 . . . Sept.14-Oct 28 (no class Fall Break)

Session 2 . . . Nov. 2-Dec.16 (no class Thanksgiving Break)

TRIAL CLASS (UP TO 2) . . . \$10

SESSION FEE, 2x/week. . . \$105

SESSION FEE, 1x/week. . . \$60

ANNUAL REGISTRATION \$20 per child, or \$40 per family

Visit our website to Register!

www.wingsgymnasticsmemphis.com

e-mail wingsgymnastics901@gmail.com

Or call (901) 452-6588.