

**FOR MORE
INFORMATION VISIT:**
MEMPHIS.EDU/CEED/LENA



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SCAN ME



TALK BUILDS BABIES' BRAINS!

To your baby's brain, the most important time in life is before the 3rd birthday. Those first 36 months, while baby's brain is growing the most, are a once in-a-lifetime chance to do something wonderful with your child!

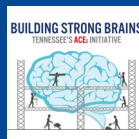
LENA® TECHNOLOGY LIKE A PEDOMETER FOR TALK!

LENA technology analyzes speech at home for a day after each class. You get reports on how much you're talking with your child, when you could talk more, and how much you're growing with your baby!



NURTURING PARENTING PROGRAM

Communicating feelings can be difficult for adults and children. Would you like to learn more about communication? This workshop also explores how to communicate with more respect in your family.



MAIN POINTS

- 1 **Sessions** are held weekly and bi-weekly to fit your schedule
- 2 **All** class material provided free of charge
- 3 **Free** books for baby weekly
- 4 **Incentives** given weekly for participation
- 5 **Group** graduation at finale

The University of Memphis is an Equal Opportunity/Affirmative Action University. It is committed to the education of a non-racially identifiable student body. UOM858-FY2021

LENA®

Building brains through early talk



LENA
START

LENA
GROW

LENA
HOME

memphis.edu/ceed/lena



LENA START[®]

LENA Start classes support parents and caregivers in learning to tune-in on talking more and taking turns in conversation with their children. Over the 10-week program, parents are introduced to the 14 Talking Tips, the Community Nurturing Parenting Program and the TN Building Stronger Brains curriculum to increase language and literacy. These practices and programs intertwined can increase your babies' IQ and encourage positive lifelong supportive parenting practices with hopes of mitigating adverse childhood experiences. LENA Start is being implemented through the University of Memphis and Agape Child & Family Services, Inc.



LENA HOME[™]

LENA Home features strengths-based home visiting sessions for children with developmental disabilities to measure how much parents are talking with their children and how much children are responding. LENA Home at Le Bonheur is one of several LENA Home sites being implemented around the country by the Le Bonheur Nurse Family Partnership Program and other organizations providing home visiting services to families.



LENA GROW[™]

LENA Grow builds brains through early talk and interaction. The curriculum includes weekly coaching for educators based on data gathered using the LENA devices that measure the amount of interactive conversation between teachers and children in the childcare setting. Weekly coaching sessions include reviewing classroom data, goal setting and discussing talking tip topics. Through this 10-week program, teachers can become LENA Grow certified, participants can receive stipends and training hours received during coaching sessions can be applied as experiential learning credits at the University of Memphis. To learn more about LENA Grow, contact the University of Memphis or Porter Leath Early Head Start.