

Newsletter of the Counseling Psychology Program University of Memphis Vol. I, Spring 2017

# Counseling Psychology Update 2017

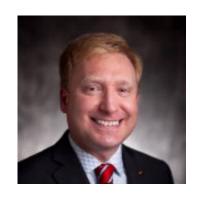
# Department News!

A Warm Welcome to Returning Faculty Member in Counseling Psychology, Dr. Rosie Bingham!





Introducing the
New Department
Chair of
Counseling,
Educational
Psychology, and
Research, Dr.
Steven West!





## Introducing the New Cohort!

#### **Greg Horn**

Hometown: Boone, North Carolina

Degree: M. A. in Clinical/Health Psychology from Appalachian

State University

Research Interests: Responses to trauma and minority stress and interventions to alleviate posttraumatic stress





#### Alexandra (Ali) Fuss

Hometown: Milwaukee, WI

Degree: M. S. in Clinical Mental Health Counseling from Marquette University

Research Interests: Invisible Illness/Disability and Their Impacts on Patients' Lives, Grief as It Relates to Medical Loss, and Integrated Healthcare

#### **Christy New**

Hometown: Aiea, HI/Baltimore, MD

Degree: M. A./C. A. S. in

Psychology/School Psychology

from Towson University

Research Interests: Human Sexuality and Cognitive/Physical Disabilities





#### **Whitney Shuman**

Hometown: Visalia, CA

Degree: M. A. in Mental Health Counseling from Southern Oregon

University

Research Interests: Masculinity and

Loss



#### **Jennifer Yeoward**

Hometown: Rock Falls, IL

Degree: M. S. in Clinical-Counseling

Psychology from Illinois State

University

Research Interests: Gender Issues, Grief and Loss, Vocational Counseling, and Issues Relevant to the Older Adult Population





#### Parker Rhomberg

Hometown: Dublin, OH

Degree: M. A. in Counseling

Psychology from University of Denver

Research Interests: Student-Athletes

and Health Psychology



#### **Brian Adams**

Hometown: Memphis, TN

Degree: M. Ed. in Counselor Education from University of

Mississippi

Research Interests: Positive Psychology, Resilience, and Solution-Focused Brief Therapy



## A Fond Send-Off to Our Students Leaving for Internship!

#### **Hannah Emery**

#### **Emily Brown**

Internship: Towson University

Towson, MD—Psychology Internship

Dissertation: "Predictors of Body Dissatisfaction in Transgender Men and Women" Internship: Virginia Tech/Thomas Cook Counseling Center

Blacksburg, VA—Psychology Internship

Dissertation: "The Influence of Gender Role Conflict on Perpetration and Victimization of Intimate Partner Violence in Same Sex Male Relationships"

#### **Ben Brett**

Internship: Veterans Affairs
Connecticut Healthcare System

West Haven, CT—Clinical Neuropsychology

Dissertation: "Neurocognitive Impairment in Parkinson's Disease Patients: Assessing the Unique Contributions of Depression and Fatigue While Controlling for Disease Severity"

#### Whitney Stubbs

Internship: South Texas VA Health Care System

San Antonio, TX--Geropsychology

Dissertation: "Evaluating the Ecological Validity of the Frontal Assessment Battery in a Veteran Memory Clinic Sample"



#### **Megan Loew**

Internship: Medical College of Georgia/Norwood VA Med Center

Augusta, GA—Medical Psychology— HIV-AIDS Track

Dissertation: "Antiretroviral Therapy Adherence in Youth Living with HIV: Exploring the Role of Risk Behaviors, Health Promotion Behaviors, and Depressive Symptoms"

#### **Adam Fishel**

Internship: Central Arkansas Veterans Healthcare System

Little Rock, AR—Health Psychology

Dissertation: "Gratitude Interventions with Physical Therapy Patients"

#### Sarah Hatcher

Internship: AHRC New York City

New York, NY—Psychology Internship

Dissertation: "Intercultural Competence, Multicultural Competence, and Self-Awareness in Doctoral Psychology Students: Do International Experiences Matter?"

#### **Eric Suedmeyer**

Internship: Southwest Consortium/NMVAHCS

Albuquerque, NM—General Track

Dissertation: "The Development of a Career Resilience for Adults with Disabilities Scale"





#### 2016 Graduates

- \*Rosaire Daigle
- \*Angela Izmirian
- \*Jessica Nicholson
- \*Lindsey Swanson Schriefer
- \*April Reupke



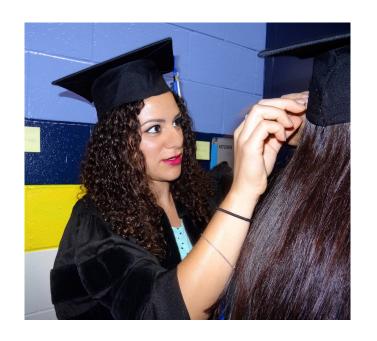
Angela Izmirian, Jessica Nicholson, Lindsey Swanson Schriefer, and April Reupke

# Congratulations to Our 2016 Graduates!!!

















## Students Currently on Internship

**Brian Bruijn**—Michigan State University-Counseling

**Wally Cole**—Butler University

<u>Kaitlin Duckett</u>—Wilford Hall Ambulatory Surgical Center/Lackland AFB

<u>Brittany Lee</u>—University of Central Florida Counseling and Psychology

<u>Danielle Miro</u>—University of Kansas Medical Center

Ben Smith—James H. Quillen VA

Huan-Hsiang Ueng—UC Riverside

<u>Stephanie Zuckerman</u>—Federal Bureau of Prisons-Tallahassee

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#### KT Heistand

★KT graduated in 2010, and she currently has a private practice at Hiestand Psychological Services, PLLC.

#### Richelle Ashley McGee Long

★Richelle completed an internship at Tulane University School of Medicine in the Infant Mental Health Track in 2013-2014, followed by a clinical fellowship at Children's Hospital Los Angeles. She currently works at UC Davis in the department of Psychiatry and Behavioral Sciences and is an Assistant Professor on the volunteer clinical faculty.

#### <u>Jessica Nicholson</u>

★ Jessica plans on taking a full-time job as a suicide prevention coordinator at Dorn VA in Columbia, South Carolina in August 2017.

#### **Aron Katz**

★ Aron is currently a staff
psychologist at UC Davis Student
Health and Counseling Services and
serves as the Center's staff
representative for collective
bargaining as they join a union.

#### **Adrian Murray**

★ Adrian is currently the Clinical Team Program Director at the Tallahassee VA Medical Center. She passed the EPPP in March 2016.

#### **Brandy Smith**

★ Brandy is currently
the Assistant Director of
Clinical Training at
Auburn University
Student Counseling
Services and is in the
process of getting that
site APA-accredited as
an internship program.





#### <u>Dr. Marks's</u> G.R.O.W.T.H. Lab

(Global Research on Working to Ameliorate Health Disparities)

Currently, The G.R.O.W.T.H. research team is working on projects: (a) exploring mediators and moderators of the relationship between microaggressions and mental health outcomes, (b) exploring the status of health psychology in the Caribbean, and (c) exploring the influence of microaggressions in adults living with HIV/AIDS

## Dr. Bridges's Constructivist Sexuality Lab

We are currently working on projects: (a) exploring attitudes toward PreP use, (b) implementing a Delphi methodology to identify the mental health needs among those who practice kink, (c) exploring the loss experiences of trans\* individuals post-transition, (d) investigating the retrospective experiences of ostomates regarding the adequacy of information provided to them about sexuality with an ostomy bag

Students from the Constructivist Sexuality Lab presenting "Connecting Ambiguous Loss & Disenfranchised Grief to Trans\*ition" at the Association for Death Education Conference, 2017



#### Dr. Ovrebo's International Team

Our team is gearing up to begin an exploration/creation of an intervention for refugees in the Memphis area addressing their educational and language needs. Additionally, the team is looking at examining the attitudes towards having international students in counseling psychology programs and multicultural competencies resulting from international/multicultural experiences





#### Dr. Ovrebo's LGTB-Trauma Team

We are currently developing manuscripts surrounding interpersonal trauma and its effects on the LGBT population regarding their psychological well-being, experiences of minority stress, and help-seeking behaviors. One study in particular is looking at the applicability of the Conformity to Female Norms Inventory (CFNI) and the Conformity to Masculine Norms Inventory (CMNI) to an LGB sample of individuals

#### <u>Dr. Schiro-Geist's</u> <u>TigerLIFE Research</u> <u>Team</u>

We are currently working on projects: (a) exploring what factors motivate students to become peer mentors of TigerLIFE students, (b) examining the attitudes and apprehensions university faculty have towards students with intellectual disabilities, (c) exploring how the financial and subjective well-being of TigerLIFE parents has changed since their child graduated from TigerLIFE, (d) investigating whether Vocational Rehabilitation counselors with master's dearees have better client outcomes than counselors with only bachelor's degrees, (e) examining the efficacy of the TigerLIFE program through a randomizedcontrolled trial, and (f) validation of the Attitudes Toward Intellectual Disability Questionnaire

## Dr. Lease's Masculinity and Health Research Team

We are currently working on projects: (a) investigating how gratitude interventions increase selfefficacy and outcome expectations and possibly decrease pain in physical therapy patients, (b) exploring how presentations of pain and gender atypical/typical behavior influence nurses' perceptions of target patients, and (c) investigating the moderating effects of perceived social support on the relationship between conformity to gender norms and grief reactions to non-death loss



## ★Dr. Rosie Bingham is running★

#### **★** for APA President!! ★

- If you would like to help with the campaign, please contact Rami Steinruck at rsteinruck@gmail.com
- Please remember to vote in the elections!
- ★ Dr Schiro-Geist is
  serving on the
  accreditation
  committee for the
  National Coordinating
  Center for Inclusive
  Postsecondary
  Education Programs
  and represented the
  University of Memphis
  at the 2016
  International Congress
  of Psychology in
  Yokohama, Japan
- ★ Dr. Marks joined the
  Counseling Psychology
  faculty in 2015 she
  earned her Ph.D. from
  Purdue University, and her
  research interests are
  centered on understanding
  social determinants of
  health behaviors in adults of
  color and factors that
  influence mental health
  and career outcomes in
  racial minority populations

★ Dr. Lease looks forward to creating and securing new practicum sites and positions that concentrate on integrated healthcare and provide valuable experience in this growing and crucial area in the field





## The Diversity Committee has been very busy this past year!

- -Volunteering to help M.A.G.Y. with their booth at the Memphis Pride Parade
- -Participated in Diversity Outreach talks during the fall semester, which covered a variety of topics, including microaggressions and ableism
- -Third year Sarah Hatcher and first year Jennifer Yeoward led a discussion with Phi Mu at the National Civil Rights Museum
- -Members helped set-up with the Memphis Empty Bowls Project, which helps raise money for charities in the Memphis area
- -Many Counseling Psychology students volunteered or ran at the St. Jude Marathon!
- -Participated in the Women's March in Memphis on January 21st, 2017
- -Various events during Black History Month, including a lecture about Rosa Parks during Women's History Month









# Coming

#### University of Memphis



Marquette University



University of Houston-Clear Lake



Loyola University Maryland

## Soon!

University of Memphis





Vanderbilt University





Oklahoma State University





