COUNSELING PSYCHOLOGY NEWSLETTER



2018

THE UNIVERSITY OF MEMPHIS

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COUNSELING PSYCHOLOGY UPDATE 2018

The department has kept itself busy for the 2017-2018 academic year. We are excited to be welcoming our new students and sending a group of students off to internships and post-doctoral placements. Research teams have kept active and have several presentations accepted for APA 2018 and various other conferences. We are delighted to share what has been going on with the department over the past year.

Enjoy!

Welcome the 2017-2018 Cohort

Ally Schimmel- Bristow Degree: M.S. Clinical Psychology, Thesis Track

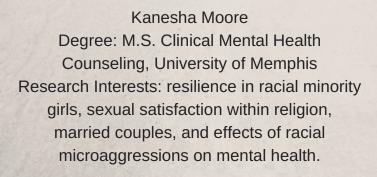
Loyola University Maryland

Research Interests: Sexuality and LGBT Issues





Daniel Cruz Lattimore
Degree: M.S. Clinical and Mental Health
Counseling, Marquette University
Research Interests: Academic Retention in FirstGeneration Students, Humor in Therapeutic
Settings, Role of Microaggressions on Mental
Health







Erica Magsam

Degree: M.S. Mental Health Counseling, Oklahoma
State University

Research Interests: Health Psychology and
Sexuality



Asia Amos
Degree: M.Ed. in Human Development at
Vanderbilt University
Research Interests: Intersectional Feminism and
Sexuality

Kimberly Adams

Degree: M.A. in Creative Arts Therapy Counseling at
Hofstra University

Research Interests: international psychology, needs of

Research Interests: international psychology, needs of refugees, trauma, and health disparities among minority populations.



Dorothy'e Gott
Degree: M.S. Clinical Mental Health
Counseling at University of Memphis
Research Interests:
Mental Health and Family Systems,
Mental Health and African American
populations

Emily El-Oqlah

Degree: M.A. in Marriage and Family Therapy at
University of Houston- Clear Lake
Research Interests: International and Refugees,
Couples and Families, and Sexuality



Faculty Research Interests

RESEARCH TEAM FOCI

Core Counseling Psychology Faculty

Rosie P. Bingham Davis, Ph.D., Ohio State University. Dr. Bingham recently joined the Counseling Psychology faculty after a long tenure as the Vice President for Student Affairs. Dr. Bingham has served at the President of the Society for Counseling Psychology (APA Division 17) and as Vice President for Student Affairs at The University of Memphis. She is the 2015 recipient of the APA Award for Distinguished Professional Contributions to Institutional Practice. Her interests include multicultural career counseling, ethics, health and health disparities, and university and college administration.

Sara K. Bridges, Ph.D. Interests include therapist training, trans*, gender nonconforming, and GLB issues and sexuality, Kink issues in therapy, human sexuality, and constructivist and humanistic theory. The Constructivist Sexuality Team focuses on personal constructions of sexuality and the meaning sexuality has for individuals and couples. Specifically, we are interested in the subjective and uniquely personal experiences of sexuality in all its definitions for individuals in their social and relational contexts. As a team we focus on issues related to optimal sexual satisfaction, kink issues, body image, gender role, masculinity and femininity, and interpersonal competence as it relates to experiences of and satisfaction with sexuality.

Suzanne H. Lease, Ph.D. Current interests are: masculinity and gender norms, career/work issues with underserved populations, and health behaviors (integrated primary care, health promotion) as they intersect with gender and career. The research team has a masculinity and health focus, but I'm always interested in career research also. Currently, the team is looking at nurses' perceptions of patients with pain, especially when those patients present in gender atypical ways; gratitude, self-efficacy, and outcome expectations in physical therapy patients; and examining aspects of masculinity, self-esteem, and physique anxiety as they cluster together into profiles that predict health risk behaviors.

Douglas Strohmer, Ph.D. Dr. Strohmer is the former Chair of the Department of Counseling, Educational Psychology and Research and has an appointment in the Counseling Psychology program. His interests include: clinical judgment and decision-making, personality assessment, and psychologist professional identity.

Faculty Research Interests

RESEARCH TEAM FOCI CONT.

O. Richard Lightsey, Ph.D. Interests: psychological resilience and wellness, including how vulnerable people cope effectively with stressors; psychological strengths that foster growth even during times of adversity. He enjoys teaching Group Psychotherapy. His Wellness Team aspires to foster human well-being by enhancing understanding of resilience, stress-coping, and happiness. Examples of the team's work include: Ascertaining the role of meaning, positive affect, positive and negative thoughts, and self-efficacy in shaping life satisfaction and psychological well-being and testing how meaning in life leads to happiness.

Laura Marks, Ph.D. Dr. Marks' is the director of the G.R.O.W.T.H. (Global Research On Working To Ameliorate Health Disparities) Research Lab. Her research interests are centered on understanding social determinants of health risk behaviors and factors that influence mental health in the Black population. More specifically, she is interested in factors beyond individuals' control (i.e., microaggressions and overt discrimination) that may influence their mental health and their decision to engage in health risk behaviors.

Further, she is interested in unpacking individuals' strengths (i.e., moderators and mediators) that may ameliorate the relationships between these variables. Currently, her research team is working on a project examining size-related microaggressions in college students and HIV-related microaggressions in women living with HIV.

Elin Ovrebo, Ph.D. Current interests are social justice, LGBT issues and international issues in counseling psychology such as human trafficking, refugees, and trauma. Current research team projects for the international team include mapping human trafficking services; self-care among refugee workers; adjustment and vocational needs among refugees living in the greater Memphis area; mental health seeking attitudes among Asian international students; and two different studies on the internationalization of counseling psychology. The LGBTQA team is looking at trauma, IPV, gender identity, and psychological distress; the vocational and mental health needs in the trans community in Memphis; the impact of non-disclosure of same-sex activity and HIV+ status on psychological distress, anxiety, and HIV treatment outcomes; and stigma and barriers related to mentoring across cohorts in the gay community.

Other Departmental Faculty

- Pamela A. Cogdal, Ph.D. Southern IL. University-Carbondale (1989). Career and work-life balance, practice outcomes, assessment, suicide prevention and couples/relationship issues.
- Alison Happel, Ph.D. Georgia State University (2011). Qualitative methodology, post-structural, post-colonial, and feminist theories, ecojustice and ecofeminist education.
- Leigh Harrell-Williams, Ph.D. Virginia Tech (2009). Statistics and quantitative research methods; instrument development; Rasch, IRT, and SEM applications to educational and psychological data.
- Yeh Hsueh, Ed.D. Harvard University (1997). Development of children, cross-cultural study of preschool, development of developmental psychology, and instructional media.
- Daniel Lustig, Ph.D. University of Wisconsin, Madison (1995). Family adjustment and
- adjustment to disability.
- Michael MacKay, M.Sc., University of Florida (2008). Multiple regression, meta-analysis; motivation and performance. Serves as statistical consultant to the College.
- Christian E. Mueller, Ph.D. The University of Kentucky (2006). Adolescent development, cognitive development and cognitive processes, giftedness and talent development, motivation.
- Vicki Murrell, Ph.D. (University of Memphis (2005). Student self-efficacy; constructivism and cognitive learning theories in online teaching; impact of technology on cognitive processes.
- Susan Nordstrom, Ph.D. University of Georgia (2011). Qualitative methodologies, subject-object relations.
- Dewaine Rice, Ed.D. Memphis State University (1980). Moral development of young adults, student affairs issues and clinical hypnosis.
- Chrisann Schiro-Geist, Ph.D. Northwestern University (1974). Interests include: international,
 vocational, and disability-related issues in counseling psychology. Current research projects are in the
 areas of vocational psychology, as it relates to return-to-work for incarcerated persons, and transitions
 to work for high school seniors with disabilities.
- Denise L. Winsor, Ph.D. University of Nevada, Las Vegas (2008). Early childhood development, specifically developing a systems framework involving epistemological and theory of mind development in very young children; personal epistemology of pre-service teachers and how it influences their instructional techniques in the classroom; literacy and argumentation.
- Yonghong Jade Xu, Ph. D. The University of Arizona (2003). Statistics and quantitative research methods; large-scale data analysis with statistical and data mining approaches; comparison of different data analysis methods.
- Chia-chen Yang, Ph.D. University of Wisconsin-Madison (2014). Adolescent development, Social media use, social relationships, and identity development among youth.
- Stephen Zanskas, Ph.D. Michigan State University (2007). Development of consultation skills in graduate rehabilitation counseling education programs, the psychosocial aspects of disability, professional issues and ethics.

Internship and Dissertation

OUTGOING STUDENTS 2018



Rickey Lee Bates Combs

Internship: Memphis VA Medical Center General Psychology (Memphis, TN)

Dissertation: Development of the Emotional Problems Scales - Corrections Sexual Offender Scale

Joseph P. Dunn

Internship: Counseling Center at the University of Rochester

Psychology Internship (Rochester, NY)

Dissertation: Operatic becomings: A narrative investigation of singers' personal and professional development

William A. Ramsey

Internship: VA Southern Nevada Healthcare System

General Psychology (Las Vegas, NV)

Dissertation: Targeting Self-Critical Thoughts in the Treatment of Non-Suicidal Self-Injury in Adolescents

Shondolyn D. Sanders

Internship: University of Oklahoma Health Sciences Center, VA Medical Center

General Psychology (Oklahoma City, OK)

Dissertation: The Influence of Mentoring and Sense of Belonging on the Self-Efficacy Development of Ethnic Minority Doctoral Students

Rami E. Steinruck

Internship: Virginia Tech/Thomas E. Cook Counseling Center

Psychology Internship (Blacksburg, VA)

Dissertation: Heterosexist workplace environments and subjective career success for bisexual vs. gay/lesbian individuals: Coping self-efficacy, career adaptability, and community connection as moderators

Diversity Committee Events

We kept ourselves busy this year and were happy to take part in so many events!

Women's Rally
Mid-South Memphis Pride
March For Our Lives
St. Jude Marathon Volunteers & Runners
MLK 50 Events
Viewing & Discussion of Black Panther
Screening & Discussion of The Mask You Live In
Dr. Davis talk on Race and Poverty



Study Abroad in Thailand



Dr. Elin Ovrebo and teaching assistant Madeline Stenersen lead a group of students around Thailand to learn about various social justice issues. They were able to meet with several organizations including Urban Light, a non-profit that talked with the students about what it is like to work with young boys in sex trafficking, and Free Bird Cafe, a non-profit that spoke about their work with Burmees refugees. Students were also able to meet with Thai individuals to discuss their experiences regarding gender/sexuality and living with a disability in Thailand.



Incoming 2018-2019 Cohort



Clarie Koehn



Morgan Bullard



Re'Sean Johnson



Lauren Hayes



Danielle Sample



Gregory Edgin







Laura Condon

Congratulations to our 2018 Graduates!!!

Adam Fishel Frose

Internship: Central Arkansas Veterans Healthcare System Little Rock, AR—Health Psychology

Post Doc: Spark M. Matsunaga VA Medical Center, Honolulu, HI

Hannah Emery

Internship: Virginia Tech/Thomas Cook Counseling Center
Blacksburg, VA—Psychology Internship

Post Doc: Virginia Tech/Thomas Cook Counseling Center, Blacksburg, VA

Sarah Hatcher
Internship: AHRC New York City
New York, NY—Psychology Internship

Eric Suedmeyer
Internship: Southwest Consortium/NMVAHCS
Albuquerque, NM—General Track

Post Doc: Buwalda Psychology, Tempe, AZ

Benjamin Brett

Internship: Veterans Affairs Connecticut Healthcare System West Haven, CT—Clinical Neuropsychology Post Doc: MCW, Milwaukee, WI

Whitney Stubbs

Internship: South Texas VA Health Care System San Antonio, TX--Geropsychology

Post Doc: South Texas VA Health Care System, San Antonio, TX

Megan Loew

Internship: Medical College of Georgia/Norwood VA Med Center Augusta, GA—Medical Psychology—HIV-AIDS Track Post Doc: St. Jude Children's Research Hospital, Memphis, TN

Emily Brown

Internship: Towson University

Towson, MD—Psychology Internship

Post Doc: University of North Carolina, Charlotte, NC