# NOVEMBER/DECEMBER 2021 CALENDAR

# OUTREACH AND PREVENTION

#### **MONDAY, NOV. 1**

PODCAST INTERVIEW- FACULTY SENATE AND MENTAL HEALTH MORNING PREMIERE

## **THURSDAY, NOV. 4**

QPR | 9 PM

REGISTER AT LEAST 24-HOURS IN ADVANCE FOR THIS MEETING:

https://memphis-edu-hipaa.zoom.us/meeting/register/tZlqdOCupzosH93MbT2le04jChVm13MBX0tK

#### **TUESDAY, NOV. 9**

**SAFE ZONE 1 | 5:30-7 PM** 

REGISTER AT LEAST 24-HOURS IN ADVANCE FOR THIS MEETING:

https://memphis-edu-hipaa.zoom.us/meeting/register/tZltc-6prjMjGdNQv3g40upRti\_\_sxWiWhzJ

#### **WEDNESDAY, NOV. 10**

**SEXUAL HEALTH WEBINAR | 3:30 PM** 

Join Zoom Meeting

https://memphis-edu-hipaa.zoom.us/j/82875837197

MEETING ID: 828 7583 7197

PASSCODE: 954541

#### **WEDNESDAY, NOV. 17**

NO STRESS SUCCESS: DARE TO SELF CARE | 3 PM

Join Zoom Meeting

https://memphis-edu-hipaa.zoom.us/j/81379399656

MEETING ID: 813 7939 9656

PASSCODE: 507025

### **MONDAY, NOV. 29**

PODCAST WELLNESS: SOCIAL WELLNESS THROUGH HOLIDAYS

MORNING PREMIERE

#### **WEDNESDAY, DEC. 1**

THRIVING THROUGH FINALS: SELF CARE BAG GIVEAWAY



**f y o** @UofMSHCS



Student Health and Counseling Services

The University of Memphis, is an Equal Opportunity/Affirmative Action University. It is committed to the education of a non-racially identifiable student body. UOM011-FY2122



Visit memphis.edu/counseling/outreach for additional information.