

PH-IDEAS SCHD 2024 Workshop Series:

Compassion Fatigue



Continuing its focus on raising empathy in healthcare workers, PH-IDEAS is launching a 2024 workshop series focused on addressing and enhancing awareness of ***compassion fatigue*** among its staff. This series is specifically designed to provide key personnel—including managers, supervisors, epidemiologists, public health coordinators, physicians, nurses, and health and wellness managers—with the knowledge and tools necessary to recognize and manage compassion fatigue effectively.



Participants will explore their caregiving roles through a personal historical lens, utilizing concepts such as ***Karpman's Drama Triangle*** to gain valuable insights into their behavior patterns. By integrating empathy as a key focus, participants will develop strategies to balance roles more effectively, fostering a deeper understanding of both their needs and those of others. This series aims to create a more compassionate and supportive environment within the department, ultimately improving overall well-being and enhancing the resources available to SCHD staff.



The workshop series will take place on the following dates:
August 22, September 26, October 24, and November 14, 2024.



This workshop series is sponsored by PH-IDEAS—a collaboration between Shelby County Health Department and the University of Memphis School of Public Health, funded by CDC (Centers for Disease Control).



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